

# Pilonidal Sinus Wound

To learn more about the PICO sNPWT portfolio visit:  
[www.possiblewithpico.com](http://www.possiblewithpico.com)

PICO<sup>®</sup> 7  
 Single Use Negative Pressure  
 Wound Therapy System



**1.**  
 Remove any excess hair. Cleanse the wound and periwound skin well according to institution protocol.



**2.**  
 Dry the periwound area and allow to completely air dry prior to dressing application.  
 \*\*Residual moisture will impact the ability to achieve an airtight seal



**3.**  
 Fill the wound cavity with the appropriate wound filler: Black foam, Antimicrobial gauze, or ACTICOAT<sup>®</sup> Flex 3.



**4.**  
 Apply stoma paste or gel patch, such as RENASYS<sup>®</sup> Gel Patch, below the wound/incision in order to improve seal for the negative pressure. Ensure that the dressing is in contact with the skin in the intra-gluteal fold.



**5.**  
 Fold the dressing in half and position over the wound. Remove backing to expose adhesive and apply starting on one side, then the center, and then the other side. This technique will help to achieve the best seal. The soft-port should be oriented toward the patient's head.



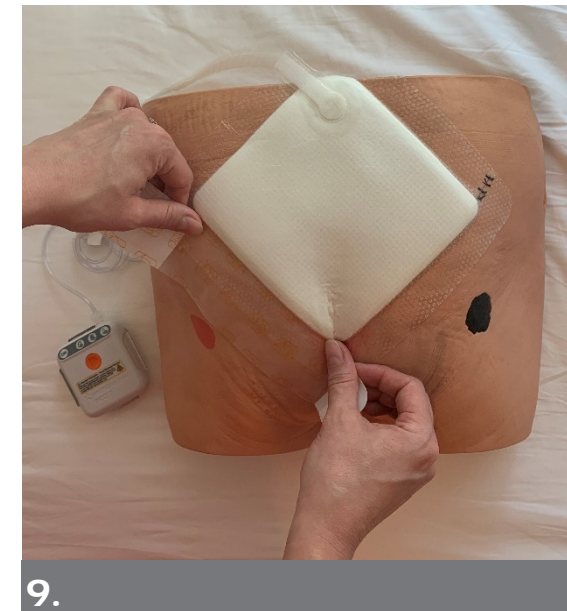
**6.**  
 Insert the batteries into the pump.



**7.**  
 Connect the tubing of the device to the suction port of the dressing.



**8.**  
 Start the therapy by pressing the orange button. Place your hand on the dressing to facilitate the dressing's contraction.



**9.**  
 Apply the fixation strips on all 4 sides of the dressing, paying close attention to the area around the anus.



## TIPS AND TRICKS

- \*The skin must have had time to completely dry in the open air before applying the dressing, especially in the area of the gluteal fold and near the anus.
- \*Make sure the area covered by the dressing is free of hair.
- \*Run your hand over dressing pad and borders while initiating therapy to facilitate the contraction of the dressing and avoid air pockets.
- \*Ask the patient to take a position with the curved back before attaching the top of the dressing.
- \*If a wound filler was used, dressing change will be dependent on wound filler recommended frequency of change. ACTICOAT FLEX 3 is only approved for use with NPWT for up to 3 days.

## Important Safety Information

The information herein is intended for healthcare professionals. The PICO 7 pump contains a MAGNET. Keep the PICO 7 pump at least 4 inches (10 cm) away from other medical devices at all times. Failure to do so can cause the other medical devices to fail which can result in serious harm including death. Excessive bleeding is a serious risk associated with the application of suction to wounds, which may result in death or serious injury. The risk information provided herein is not comprehensive. For full product and safety information, please see the Instructions for Use.